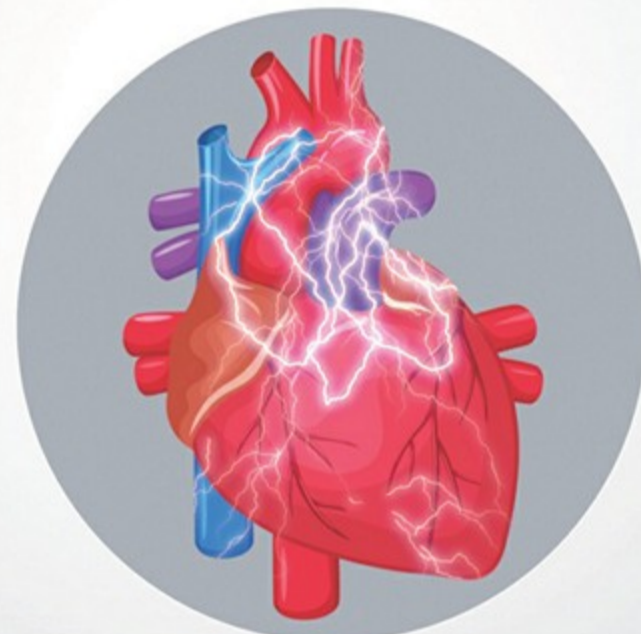


# SUDDEN CARDIAC ARREST:

## What **You** Need to Know to Save a Life

**Sudden Cardiac Arrest is a life-threatening emergency that occurs when the heart unexpectedly stops beating.**



SUDDEN CARDIAC ARREST

Sudden Cardiac Arrest affects more than 356,000 people outside hospitals each year in the U.S. It strikes seemingly healthy people of all ages, including 7,000 children and teens.

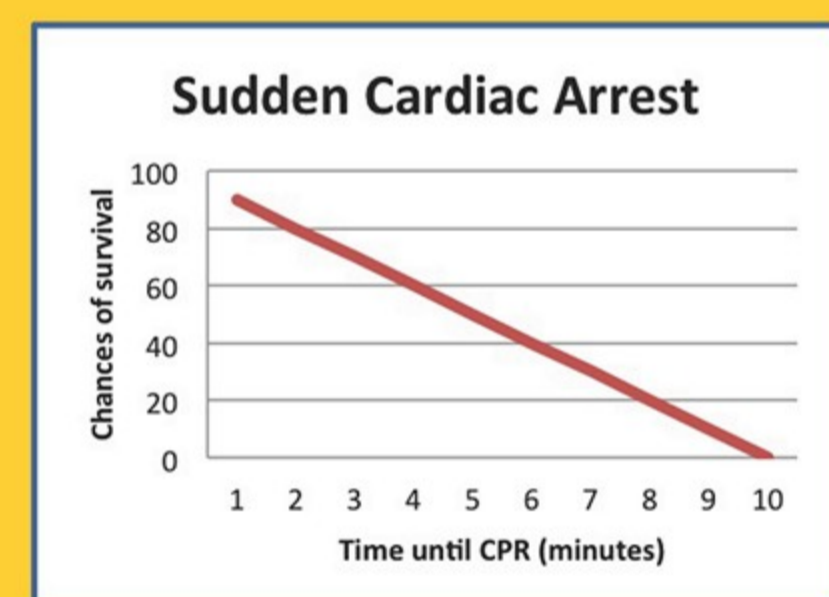
When SCA happens, the person collapses, becomes unresponsive, and is not breathing normally. They may appear to be gasping, snoring or having a seizure.

*Sudden Cardiac Arrest (SCA) leads to death within minutes if the person does not receive immediate help.*



*Today only 1 in 10 victims survives SCA, but 5 in 10 could survive if bystanders gave CPR and used AEDs immediately.*

**The chances of survival from SCA decrease by 10% every minute without CPR.**

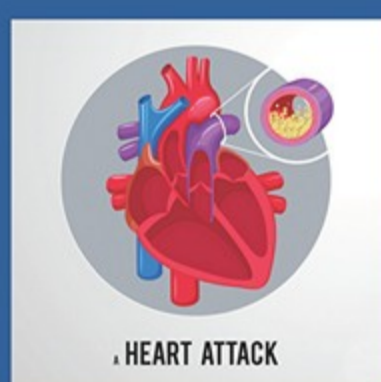


Survival depends on the quick actions of people nearby to call 911, start CPR, and use an AED\* to restart the heart.



\*Automated External Defibrillator

SCA is not the same as a heart attack.



**You can double or triple a person's chance of survival from SCA by giving CPR immediately.**



You may save the life of someone you love by giving CPR, since 7 in 10 SCAs happen at home.

For more information, visit [sca-aware.org](http://sca-aware.org).

